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The study argues that legal protection in the field of youth sport should not be limited solely to the prevention of physical harm or financial exploitation. Rather, it must also encompass the protection of the athlete's dignity, mental health, freedom from discrimination, and protection against excessive pedagogical or coaching pressure. Therefore, the pedagogical mechanism should integrate legal literacy, rights-based education, and psychological-pedagogical support as essential structural components.

Furthermore, sport performs an important socializing function by fostering discipline, teamwork, responsibility, patriotism, and legal consciousness. It contributes to the formation of social capital and may serve as an instrument of social mobility for talented youth, particularly those from disadvantaged or remote regions. Consequently, the development of innovative pedagogical mechanisms aimed at educating and legally protecting young athletes represents not only a scientific necessity but also an important practical task for the educational and legal systems.

In conclusion, the improvement of the pedagogical mechanism for educating and legally protecting young athletes requires an interdisciplinary approach that combines pedagogy, psychology, sports theory, and legal studies. Such an integrated framework will ensure the comprehensive development of young athletes as physically strong, psychologically resilient, legally aware, and socially responsible members of society.